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Summer 2010

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Plus... Visit Kinsey Confidential for blogs, sexual health news & information.

Keep up with The Kinsey Institute™ on Facebook, Twitter, and YouTube
Art & Science: Joshua Bell hosts Kinsey benefit in his NY loft

A tribute to his father, Alan Bell, "the most interesting man I've ever known."

Joshua Bell, Musical America's 2010 Instrumentalist of the Year, opened his New York loft for a concert to benefit The Kinsey Institute earlier this month. The event honored Bell's father, Alan Bell, who was a research scientist at The Kinsey Institute from 1967-1981. Alan Bell passed away in 2002.

Both Joshua Bell and his mother, Shirley Bell, spoke on the importance of the work of The Kinsey Institute for Research in Sex, Gender and Reproduction today, and on the legacy of Alan Bell -- researcher, psychologist, ex-minister, and in the words of his son, "the most interesting man I've ever known." [Type a quote from the document or the summary of an interesting point. You can position the text box anywhere in the document. Use the Text Box Tools tab to change the formatting of the pull quote text box.]

"We are so delighted to be able to move The Kinsey Institute forward in any way we can," said Shirley Bell. "Like the institute, our family's legacy combines arts and music, science and health. My husband would have been thrilled by this tribute."

Kinsey Institute Director Julia Heiman welcomed the 100 guests and described research and initiatives to advance sexual health and knowledge worldwide, including an international study of couples and new research on postpartum depression. Displays in the Bell home featured a video of selections from The Kinsey Institute unique library, art, artifacts, film and photography collections.

Alice Ginott Cohn, who was an IU student in the 1940's, enthralled guests with stories of Alfred Kinsey's lectures and what it was like to be interviewed by him.

"It was exciting to be at the beginning of Dr. Kinsey's research and to be a part of his investigation of female sexuality," she said. "I think he would be pleased to see what The Kinsey Institute has accomplished and is trying to accomplish even more in continuing research to help couples lead happy sexual lives."

Guests were treated to a stunning concert featuring works by Grieg and Chopin, and a rousing rendition of "Yankee Doodle."

At right: Dr. Jeffrey Rothenberg, IU School of Medicine, shows KI Board Chair Michael Sherrod some of the glass-blown gifts he created for guests at the event.
Art & Science (continued)

Michael Sherrod, chair of the Board of Governors of The Kinsey Institute, reminded the guests of the critical need for a research-based source for people to turn to for help with understanding issues related to sexuality and relationships.

"Sex affects each and every one of us in fundamental ways, yet so many sources of sex information come with their own commercial or special interests," he said. "We are so grateful that celebrated artists like Joshua Bell support the work of The Kinsey Institute."

This inaugural event raised $90,000 to support The Kinsey Institute's mission -- to advance sexual health and knowledge worldwide.

All photos by Herbert Ascherman, Jr.

New Postdoctoral Researcher Joins KI Team

Elizabeth M. Webb is a Visiting Research Associate in the Department of Applied Health Science with affiliations with The Kinsey Institute and the Rural Center for AIDS/STD Prevention. Elizabeth's research focuses on issues related to STI and HIV/AIDS prevention, especially the health disparity among African Americans. She previously worked as a doctoral research assistant on the Tailored Information Program for Safer Sex (TIPSS), a computer based intervention promoting correct and consistent condom use among heterosexually active clients of a STI clinic.

Her dissertation research focuses on examining sexual partnerships and HIV/AIDS risk among African American female STI clinic clients.

Elizabeth will be working with Dr. Stephanie Sanders and Dr. Bill Yarber on an intervention to promote condom use among young African American males.

“I am very excited to be collaborating with The Kinsey Institute researchers. Working at Kinsey gives me the opportunity to add new and important perspectives to my research focusing on African Americans and HIV/AIDS prevention.”

Elizabeth is a Doctoral Candidate in Communication at University of Kentucky, where is also received a Master of Arts. She holds a B.A. in Sociology and Speech Communication from Thomas More College.
Back to Bolivia: New Study to Investigate Hormonal Changes During Peri-Menopause

The Change – the time around menopause when women's hormonal profiles fluctuate and shift, with varied effects on mood, sexuality, and health status outcomes, such as cardiovascular disease. But are these outcomes, and these symptoms and hormonal changes, similar for women worldwide?

Dr. Virginia Vitzthum is beginning a ground-breaking study of changes in hormones and health indicators that occur during the peri-menopausal transition in rural Bolivian women. This study will be the first comprehensive examination of such peri-menopausal changes in a non-industrialized population, and the first to test whether these changes differ between industrialized (e.g., U.S.) and non-industrialized populations. Dr Vitzthum is returning to work this summer with a group she first studied over a decade ago, making her study also the first to evaluate, in the same sample of women, the relationship between hormone levels at the peak of a woman’s reproductive years and those during her transition through menopause.

“What makes this study unique is that there have been no other studies done so far, in any part of the world, that follow women from the height of their sexual functioning through the end of their reproductive years,” says Dr. Vitzthum.

“We know, for instance, that Bolivian women have lower reproductive hormone levels (about 70% of U.S. women) to begin with. Does this account for the marked changes around menopause in US women? And will outcomes be less dramatic in Bolivian women?”

Dr. Vitzthum will be analyzing biomarkers of health functioning, which presents a number of challenges. Besides needing to insure a cold-chain from the Bolivian highlands to the labs in the U.S. and Germany, she is also attuned to the cultural sensitivities of doing this kind of research, especially when it involves collecting bodily samples. But having worked in these villages for over 15 years, Dr. Vitzthum and her colleagues at the Bolivian Institute for High Altitude Biology have developed a relationship of mutual trust with the women participants.

This study is funded through the Faculty Research Support Program from the Office of the Vice Provost for Research at Indiana University.

*Photo credit: 3rdparty! via Flickr.com.*
Like a seaside resort town in August, the population at The Kinsey Institute grew this summer with a number of academic interns from several universities:

**Krystal McKenzie, McNair Scholar, Indiana University.** Mentors: Brandon Hill and Erick Janssen. Gender and facial characteristics.

**Sarah Burnett, Oberlin College.** Mentor: Jennifer Bass, Sexual Health Education through Kinseyconfidential.org


**Jennifer Burch, Indiana University.** Mentor: Virginia Vitzthum, research in Bolivia on hormonal changes around menopause.

**Natsuki Atagi, Indiana University.** Mentor: Julia Heiman, Post-partum depression

**Caitlin Brown, IU, SLIS.** Mentor: Catherine Johnson-Roehr, Japanese Folk Art Collection

**Nichole Tramel, IUPUI.** Mentor: Catherine Johnson-Roehr, Documenting ancient greek, roman and egyptian artifacts.

**Amy Lynn, Marian University.** Mentor: David Goodrich, Compulsive and Risky Sexual Behavior

**Cameron Brown, Marian University.** Mentor: David Goodrich, Men's Sexual Decision-Making

**Bethany Spencer, IUPUI.** Mentor: David Goodrich, Compulsive and Risky Sexual Behavior

Left to right: Research Interns Krystal McKenzie, Sarah Burnett, Natsuki Atagi, Jennifer Burch, and Ragnar Anderson

Left to right: Art Interns Caitlin Brown and Nichole Tramel.

Left to right: Research Interns Amy Lynn, Cameron Brown, and Bethany Spencer
Podcasts & Videos from The Kinsey Institute

Audio/Podcasts

**Kinsey Institute Presents: Hormones and Women's Choices in Men - An Interview with Dr. Heather Rupp**
Dr. Rupp discusses findings that show women’s attraction to different kinds of men varies across their menstrual cycle in response to hormonal shifts. [mp3; 6:48 mins]

**Kinsey Institute Presents: Sex Research and Public Outreach - An Interview with Dr. Debby Herbenick**
Dr. Herbenick discusses the importance of pleasure as a motivating factor and important feature of our sexual activity, and why public outreach is an important facet of sex research. [mp3; 10:16 mins]

You can find these and more Kinsey Institute Presents podcasts on our website, where you can also subscribe through your favorite RSS reader.

Videos

These videos are available online on our website at http://www.kinseyinstitute.org/services/video.html

**The Kinsey Institute Presents: A Collector's Vision**

You can also view a large version of this video on our YouTube channel: KinseyInstitute.

**The 2010 Kinsey Institute Juried Art Show**
Enjoy opening night at the 5th Annual Juried Art Show! Featuring interviews with artists & their models, and public reactions to the art on display. [mp4 video: 8:32 mins]

You can view a large version of this video on our YouTube channel: KinseyInstitute.

The following video is hosted courtesy of SexSmartFilms.com.

**Ira Reiss: “Shaping the Next Sexual Revolution”**
A lecture by Dr. Ira Reiss on September 12, 1991 in Houston, Texas. Dr. Reiss was invited to speak by the Sociology Department of Rice University and by the Planned Parenthood Chapter of Houston. The lecture is based upon the book Reiss published in 1990. The audience was several hundred people and consisted of students, faculty, health professionals and townspeople. [51:33 mins; Flash]
Summer Sale at The Kinsey Marketplace!

Check out our online Gift Shop for special sale items. You can click on the Gift Shop logo on www.KinseyInstitute.org, or visit https://www.officiallogoshop.com/catalog.asp?C=20331&CatSub=0.