Ninth International Symposium on Gender Dysphoria
September 12-15, 1985
Minneapolis, Minnesota

FINAL PROGRAM

All program sessions will be held in the Central Ballroom, on the Concourse Level of the Marquette Inn. Please refer to your "Minneapolis Skyway System" map for the location of sessions being held outside of the Marquette.

Thursday, September 12

6:00-8:00 pm REGISTRATION (third floor, near the Hotel registration desk)
     (HBIGDA Board of Directors Meeting)

Friday, September 13

8:00-9:00 am REGISTRATION (Concourse Level)

9:00-9:20 CALL TO ORDER
Milton T. Edgerton, M.D., President
The Harry Benjamin International Gender Dysphoria Association, Inc.

Welcome
Sharon B. Settelfield, M.D., Host
David M. Brown, M.D., Dean
Medical School, University of Minnesota

9:20-9:50 KEYNOTE ADDRESS
"Expanding the Gender Identity Clinic: How Many Syndromes?"
John Money, Ph.D., Johns Hopkins University, Baltimore, Maryland

9:50-10:30 Panel Discussion: Gender Dysphoria
Aaron Billowitz, M.D., Chair
Ira Pauly, M.D.
John Money, Ph.D.
Paul A. Walker, Ph.D.
Donald Laub, M.D.
Milton T. Edgerton, M.D.
Jan Wallinder, M.D.

10:30-10:45 Break

10:45-11:05 Harry Benjamin’s First Ten Cases (1938-1953): Historical Perspective and Influences

11:05-11:25 Sex Reassignment Surgery in Europe: An Overview
Cohen-Kettenis, P., Utrecht, Holland, and Wallinder, J., Linkoping, Sweden

11:25-11:45 Sex Reassignment: A Surgical Update
Kenney, J.G. and Edgerton, M.T., Gender Identity Clinic, Charlottesville, Virginia

11:45-12:05 pm Cross Gender Disorders: A Contemporary Approach to DSM III
Kane, A., Outreach Institute, Boston, Massachusetts

12:05-1:10 Lunch (On your own)

ENDOCRINOLOGY
Moderator: Donald Laub, M.D.

1:30-1:50 The Effect of Chronic Androgen Use on Ovarian and Endometrial Histology
Joseph, M., Medical School, University of Minnesota, Minneapolis, Minnesota

1:50-2:10 Follow-Up of Prolactin Levels and Serum Lipids in Hormonally Treated Males to Female Transsexuals
Gooren, L., et al., Hospital of the Vrije Universiteit, Amsterdam, The Netherlands

2:10-2:30 Physical and Hormonal Evaluation of Transsexual Patients
Meyer, W.J., et al., University of Texas Medical Branch, Galveston, Texas

2:30-2:50 No Difference in Estrogen Positive Feedback Between Transsexual and Heterosexual Men and Women
Gooren, L., Hospital of the Vrije Universiteit, Amsterdam, The Netherlands

2:50-3:10 Female to Male Transsexualism and Polycystic Ovarian Disease (PCOD): Is There an Association?
Futterweit, W., Deligdisch, D., Oppenheim, G., Mt. Sinai School of Medicine, New York

3:10-3:30 Break

3:30-4:30 Panel Discussion: Endocrinology
Donald Laub, M.D., Chair
Louis Gooren, M.D., Ph.D.
Walter Futterweit, M.D.
Julian Davidson, Ph.D.
John Cantwell, M.D.
Donald Leub, M.D.

4:30 Adjournment

5:00-7:00 Social Hour (Sky Garden, Northstar Hotel, 618 Second Avenue South)
Saturday, September 14

**BEHAVIOR SCIENCE**
Moderator: Norman Fisk, M.D.

9:00-9:20
**Physical Illness and Transsexualism**
Billowitz, A., Case Western Reserve University, Cleveland, Ohio

9:20-9:40
**The Snowball Effect of the Real-Life Test**
Oppenheim, G., Confide Personal Counseling Services, New York, New York

9:40-10:00
**Evaluation for Sex Reassignment Surgery**
Gender Identity Clinic, Case Western Reserve University, Cleveland, Ohio

10:00-10:15
**Break**

10:15-10:35
**Sex Ratio in Gender Dysphoria**
Lundstrom, B., and Walinder, J., St. Jorgens and University Hospitals, Sweden

10:35-10:55
**Gender Dysphoria and Depression**
Bourgeois, M., University of Bordeaux, Bordeaux, France

10:55-Noon
**Panel Discussion: Behavioral Science**
Norman Fisk, M.D., Chair
Ira Pauly, M.D.
Jan Walinder, M.D.
Jack Berger, M.D.
Sharon B. Satterfield, M.D.
Paul A. Walker, Ph.D.
Milton Edgerton, M.D.

12:00-1:30 pm
**Lunch** (West Ballroom, Marquette Inn)

**SURGICAL TREATMENT**
Moderator: Milton T. Edgerton, M.D.

1:30-1:50
**Surgical Management of Male Transsexuals: A Ten-Year Experience**
Huang, T. and Lewis, S., University of Texas Medical Branch, Galveston, Texas

1:50-2:10
**The Initial Operation in Transforming the Genitalia Externa Female to Male**
Bouman, F.G., Vrije Universiteit, Amsterdam, The Netherlands

2:10-2:30
**Metaidoioplasty for Female to Male Gender Dysphorics**
Laub, D., Gender Dysphoria Program, Palo Alto, California

2:30-2:45
**Break**

2:45-3:00
**Sensory Evaluation in Female to Male Phalloplasty**

3:00-3:15
**One-Stage Phalloplasty in Transsexuals**
Daverio, P., et al., Lausanne, Switzerland

3:15-3:30
**Post-Modern Phalloplasty**
Laub, D., Gender Dysphoria Program, Palo Alto, California

3:30-4:30
**Panel Discussion: Surgical Treatment**
Milton T. Edgerton, M.D., Chair
Donald Laub, M.D.
David Gilbert, M.D.
F.G. Bouman, M.D.
Stanley Biber, M.D.
Judy Van Maasdam

6:30
**Banquet** (Grand Portage Ballroom of the Amfac Hotel, Minneapolis City Center, 30 South Seventh Street)
Sunday, September 15

FOLLOW-UP STUDIES
Moderator: Aaron Billowitz, M.D.

9:00-9:20
13 Male to Female Transsexuals: An Intensive Follow-Up Study
Lindemalm, G., Karolinska Hospital, Stockholm, Sweden

9:20-9:40
Sex Reassignment Surgery in Texas
Cole, C. and Emory, L., Rosenberg Clinic, Galveston, Texas

9:40-10:00
Heterosexual Marriages After Sex Reassignment Surgery
Jones, C., Christ Church Cathedral, Hartford, Connecticut

10:00-10:20
Break

10:20-10:40
International Comparison Study of Transsexual Follow-Up
Pfaflin, F., University of Hamburg, Hamburg, West Germany, Satterfield, S., University of Minnesota, Minneapolis, Minnesota, Jones, J., and Salmon, P.

10:40-11:00
The Effectiveness of Surgical Sex Reassignment as Treatment for Gender Dysphoria
Dixen, J. and Van Maasdam, J., Gender Dysphoria Program, Palo Alto, California

11:00-11:20
Psychological Adaptation Following Sex Reassignment Surgery
Langeman, M.W., Gender Identity Clinic, Charlotte, Virginia

11:20-12:30 pm
The Harry Benjamin International Gender Dysphoria Association, Inc., Business Meeting

Executive Director's Update
Judy Van Maasdam

Installation of New Officers and Board of Directors
Milton T. Edgerton, M.D., President (1983-1985)
Ira Pauly, M.D., President (1985-1987)

12:30
Adjournment
Effects - Lab - Panel

Sleep apnea -
Liver scan every 3-5 years

Reduced bone after surgery - maintenance dose 200 mg every 4 weeks -

2-2.5 yr of testosterone (testosteron) - at most 1-2 x dosage.

Check for Polycystic ovarian disease - hi risk 1 out of 4

Cystic hyperplasia - risk of it in hirsute pts - risk of uterine cancer before treatment -
Calcium - diminishes if not kept on therapy -

Prophylactic for prevention of breast cancer - after breast develops -

- low-prog 5T inv of risk of breast CA
- synergistic effect of estrogen -
  - estrogen 1-25-3a Provera 15-25 - none from 25-31
  - Discont. later to see if -

Cypione acetate - used in Europe -