This bibliography has been compiled from the research collections of The Kinsey Institute Library and/or index sources, drawing upon diverse viewpoints and research approaches. This bibliography should not be interpreted as either a comprehensive literature search or a recommendation of specific items. Updated December 2008.

**Polyamory**


Bag, K., & Legassic, C. Liberation and sex: A summer guide to polyamory. New Socialist. Date?


Barker, Meg (2005). This is my partner, and this is my…partner’s partner: Constructing a polyamorous identity in a monogamous world. Sexualities, 18(1), 75-88.


Beigel, Hugo G. In defense of mate swapping. Rational Living, 4(1). Date?


Cole, Charles L. & Spanier, Graham B. Mate swapping: Perceptions, value orientations, and participation in a Midwestern community. *Archives of Sexual Behavior, 4*(2), 143-159. This is a revision of a paper titled “Mate swapping: Participation, knowledge and values in a Midwestern community” presented at the 1972 meeting of the Midwest Sociological Society.


Cook, Elaine (2005, November). *Commitment in polyamorous relationships.* Research project, Regis University, Denver, CO.


Frank, Katherine. *Prime time harem fantasies: Marriage, monogamy, and bit of feminist fanfiction on ABC’s The Bachelor.* Unpublished manuscript.


Milberg, Andy. *A typical day in my ideal lifestyle.* Unpublished manuscript.


Polysexuality: When one partner isn’t enough: discovering your polysexual orientation. Unpublished manuscript.


Ritchie, A., & Barker, M. (2006). ‘There aren’t words for what we do or how we feel so we have to make them up’: Constructing polyamorous languages in a culture of compulsory monogamy. *Sexualities, 9*(5), 584-601.


**Audio/Visual Materials available in the Kinsey Institute’s Polyamory Collection**
- Dr. Phil Trashes Polyfidelity – Feb. 2, 2006 (VHS & DVD)
- Strange Universe – Hosted by Emmet Miller – w/ The Ravenhearts (DVD)
- The Basics of Loving More – Brett Hill “Loving More” (DVD & Master ¾” Tape)
- L.A. Freedom ‘91 (VHS & DVD)
- Women and Polyamory with Deborah Anapol, Ph.D. & Ryam Nearing – Early 1990s (VHS & DVD)
- Women Who Run With More Than One Lover or Mate: Women and Polyamory with Deborah Anapol & Ryam Nearing (VHS – Same film as above)
- Phil Donahue Show – Kiersta Village & Today Show & People Are Talking – Kiersta Village (VHS & DVD)
- ‘Til Divorce Do Us Part – Fox Channel 5 News – 5/25/99 – Chesapeake Polyamory Network (2 VHS copies & DVD)
- Geraldo ’97 (not aired?) (VHS & DVD)
- Sally Jesse Rafael Show: Torn Between Two Lovers – 3/11/1991 (VHS & DVD)
- Community to Community: The Here & Now Video Newsletter – Summer 1983 (VHS & DVD)
- Ryam Nearing Talks to Pali Paths – January 1995 – Shown on Oleo (Oahu/Ch. 24) aired? (VHS & DVD)
- Women on Sex IV: Sex Without Jealousy – Show #26 – Michael Trikilis Productions, Inc. – May 29, 1985 (VHS & DVD)
- Sytony – 1983 (VHS & DVD)
- Phoenix Group Marriage: Episode from “People are Talking” – Hosted by Tom Bergeron – 10/9/86 (DVD)
- All Things Considered – National Public Radio – 6/5/97 (Cassette)
- Poly Keynote Address ’04 presented by Nancy & Darrell Casey (DVD)
- Group Marriage – Poly/Swing – Oprah TV – Sex Lives (DVD)
- CNN: Marriage Meltdown – Interview featuring Nancy & Darrell Casey – 2/10/07 (DVD)
- C.A.T.: Coital Alignment Technique: The Key to Simultaneous Orgasm – Edward Eichel / A Marriage Science Production (VHS & DVD)
- When Two Won’t Do – 2001 Galafilm (VHS & DVD)
• “Building Bridges” – 2nd Annual Conference of The Institute for 21st Century Relationships – Arlington, VA – October 11-13, 2002 - Consensual Monogamy: Polyamory, Swinging or Whatever You Call It – David S. Hall, Ph.D. (VHS & DVD)
• Leeza Show – Polyamory – 12/15/99 – Anapol (VHS & DVD)
• CBS: 48 Hours – Sex in America (VHS & DVD)
• Real Sex – Anapol – Polyamory (VHS)
• The John Walsh Show – Polyamory (VHS & DVD)
• The Lifestyle – 1999 (VHS & DVD)
• Tyra Banks: Is Monogamy Natural? – November 2005 – With Hugh Hefner (VHS & DVD)
• Inside Edition: Polyamory (VHS & DVD)
• Oprah: Swinging – November 2004 (VHS & DVD)
• Sexual Intelligence – HBO – December 2005 (VHS & DVD)
• Polyamory – Love, Lust, & Lies – Michael Barsden Radio Trask, Fleckenstein – Jan 2005 (CD)
• “Future Sex, Thirty Minutes TV Richard Rubacher, 114 Whaler, Hercules, CA 94547 510/799-2392 One-hour unexpurgated edition” (VHS)
• “Paul, Deborah & Susan – Donahue Show 4/22/92” (VHS)
• “Brazilian Community – Nitxama” (VHS)
• “Infidelity – The Delicate Business of Betrayal” (VHS)
• “Deborah Anapol Appearing on Sally Jessy Raphael April 28, 1993” (VHS)
• “Options 2000” (VHS)
• “Real Personal 9-26-94” (VHS)
• “DEB WLE 4-28-96 + CA’s + U+D WS” (VHS)
• “PepCon ‘95 WD” (VHS)
• “Effective Alternatives 5.21.92” “Love Without Limits’ Deborah Anapol Ph.D.” (VHS)
• “IASHS 10/94 Deborah Anapol ‘Love Without Limits’” (VHS)
• “A New Paradigm for Love With Deborah Taj Anapol” (VHS)
• “Hi Deborah Ten Years Ago! But Still Valid and Thanks to you and Ryan a 21st Century possibility, Bob [Rummin]” (VHS)
• “WLE ’91 Lovestyles” (Hi-8)
• “PC 7” (Hi-8)
• “James Prescott – Introduction 6-16-90” “Interview by Deborah Anapol” (Hi-8)
“Jim Prescott Interview” (Hi-8)
“PC 5 Way’s Disc. Grp #2 TV Terrorism” (Hi-8)
“PC 6 Deborah & Paul ‘Come Out Poly’” (Hi-8)
“PepCon 9.12.92” “PC 3 & Steven 110 Min.” (Hi-8)
“PC 4 Way’s Poolside Discndion” (Hi-8)
“PepCon #1 Ryam 20 min hits PT. B” (Hi-8)
“PepCon 9.12.92 Heidi Steven #2 PT.A” (Hi-8)
“Star Trek Brainstorm II” (Hi-8)
“WLE 9/1/93” (Hi-8)
“Whole life Expo Panel Lovestyles for 21st C 4/27/90” (Hi-8)
“TLO Aug 1992” (Hi-8)
“Star Trek Brainstorming Tape 1 9/2/91” “Sting Brainstorming 9/2/91” (Hi-8)
“Lovestyles 4/91” (Hi-8)
“PepCon 91/Coming Out” (Hi-8)
“1992 WLE” (Hi-8)
“Deborah Taj Anapol 8/29/02/ Everett 415-641-5614” (Mini Dig Cassette)
“Living the Dream’ Original music by Kath Mar” (Cassette)
“Armond & The Symptoms ‘Infinite Heart’ (the polyamory song)” (Cassette)
“‘It’s A Wild Ride’ 1994 Liza Gabriel Braude” (Cassette)
“What does ‘open & affirming of persons of all sexual orientations’ mean? Michael Dowd 11/7/93” (Cassette)
“NSS91-32 1991 National Sexuality Symposium Multi-adult Family Relationships, Anapol, Elderberry, Kiehn & Pursglove” (Cassette)
“‘Lovestyles for the 21st Century: Sharing & Caring,’ Deborah Anapol” (Cassette)
“Deborah Anapol PhD ‘Let Jealousy Be Your Teacher’ S.F. Expo 4/98” (Cassette)
“Intro to Polyamory 5-29-98 (unedited)” (Cassette)
“Panel of Presenters Lovestyles for the 21st Century S.F. Expo 90” (Cassette)
“Celebration of Community 1993 – Olympia, WA Panel on Polyfidelity Kozeny, Mentzel, Nearing, Anapol” (Cassette)
“Celebration of Community 1993 – Olympia, WA Multi-Adult Intimacy: Poly Lovestyles and International Community Dr. Deborah Anapol, Paul Glassco” (Cassette)
“Effective Alt Xtra Love Without Limits Deborah 3-24-92” (Cassette)
“KOA/WCCC Radio Interviews/Spring 92” (Cassette)
“Radio Interviews WMBU (NH), KCIN CA/’KLSW Seattle, KZON Chicago” (Cassette)
“Bob Rimmer 7/92” (Cassette)
“Deborah Anapol Let Jealousy Be Your Teacher S.F. Expo 10/95” (Cassette)
“Anapol/Nearing What do women really want S.F. Expo 4/95” (Cassette)
“Deborah Anapol Why Monogamy is not what women want S.F. Expo 4/94” (Cassette)
“’WMFX Boston 5/12’/’WCCC Hartford 5/12’” (Microcassette)
“’KOA George 8/92’” (Microcassette)

**Polyamory Serials and Newsletters** (copies available at the Kinsey Institute Library are listed)

- *The Storefront Classroom: An Ecotopian Newsletter*
  - Vol. 9, No. 1, 1981
  - Vol. 8, No 6, 1981
  - Vol. 8, No. 5, 1981

- *Utopian Eyes: A Journal of Futuristic Social Psychology*
  - Vol. 7, No. 1, 1981
  - Vol. 6, No. 4, 1980

- *Nest News?*

- *Green Egg*
  - Vol. 21, No. 81, 1988
  - Vol. 22, No. 86, 1989
  - Vol. 22, No. 88, 1990
  - Vol. 23, No. 90, 1990
  - Vol. 23, No. 91, 1990
  - Vol. 24, No. 92, 1991
  - Vol. 24, No. 93, 1991
  - Vol. 24, No. 94, 1991
  - Vol. 24, No. 95, 1991
  - Vol. 24, No. 96, 1992
  - Vol. 25, No. 97, 1992
  - Vol. 26, No. 100, 1993
  - Vol. 26, No. 101, 1993
  - Vol. 26, No. 102, 1993
  - Vol. 27, No. 104, 1994
  - Vol. 27, No. 105, 1994
  - Vol. 27, No. 106, 1994
  - Vol. 27, No. 107, 1994-95
  - Vol. 28, No. 109, 1995
  - Vol. 28, No. 110, 1995
  - Vol. 29, No. 112, 1996
  - Vol. 29, No. 113, 1996
  - Vol. 29, No. 114, 1996
  - Vol. 29, No. 115, 1996
  - Vol. 29, No. 116, 1996
  - Vol. 29, No. 117, 1997
  - Vol. 29, No. 118, 1997
  - Vol. 29, No. 119, 1997
  - Vol. 29, No. 120, 1997
  - Vol. 29, No. 121, 1997
  - Vol. 30, No. 122, 1998
- **PEPTALK: For the Polyfidelitious** (later named **PEPTALK: Group Marriage News**)
  - Winter Solstice 1984
  - Spring Equinox 1985
  - Summer Solstice 1985
  - Autumn Equinox 1985
  - Winter Solstice 1985
  - Spring Issue 1986
  - Summer Issue 1986
  - Autumn Issue 1986
  - Winter Issue 1986
  - Spring Issue 1987
  - Summer Issue 1987
  - Autumn Issue 1987
  - Winter Issue 1988
  - April 1988
  - July 1988
  - Vol. 6, Issue 1. April 1989
  - Vol. 6, Issue 2. July 1989
  - Vol. 6, Issue 3. October 1989
  - Vol. 7, Issue 1. April 1990

- **Loving More: A Group Marriage Journal & Network**
  - Spring 1991-Autumn 1994
  - Vol. 1, No. 1
  - Vol. 1, No. 2
  - Vol. 1, No. 3
  - Vol. 1, No. 4
  - Vol. 2, No. 1
Issue 27. Summer 1991 (2 Copies)
Issue 29. Winter 1992
Issue 30. Spring 1992
Issue 31. Summer 1992
Issue 32. Autumn 1992
Issue 33. Winter 1993
Issue 34. Spring 1993
Issue 35. Summer 1993
Issue 36. Autumn 1993
Issue 37. Winter 1994
Issue 38. Spring 1994
Issue 39. Summer 1994
Issue 40. Autumn 1994

No. 8, Winter 2006
No. 9, Spring 1997
No. 10, Summer 1997
No. 11, Fall 1997
No. 13, Spring 1998
No. 14, Summer 1998
No. 15, Fall 1998
No. 16, Winter 1999
No. 17, Spring 1999
No. 18, Summer 1999
No. 19, Fall 1999
No. 20, Winter 2000
No. 22, Summer 2000
No. 24, Winter 2001
No. 25, Spring 2001
No. 26, Summer 2001
No. 27, Fall 2001
No. 28, Winter 2002
No. 29, Spring 2002
No. 30, Summer 2002
No. 31, Fall 2002
No. 32, Winter 2003
No. 33, Winter 2004
No. 34, Spring 2005
No. 36, Winter 2006
No. 37, Winter 2007

- Flood Tide: The Wave of the Future
- **Vol. 3, Issue 1. Fall 1991**
- **Vol. 4, Issue 1. Fall 1992**
- **Vol. 4, Issue 4. Summer 1993**
- **Vol. 6, Issue 1. Winter 1994 (3 Copies)**
- **Vol. 6, No. 1, 1994**

- **Zegg**
  - **Nummer 25, Oktober/November 1995**
  - **Nummer 17, September/Oktober 1994**
  - **Nummer 20, Februar 1995**
  - **Nummer 19, Dezember 1994/Januar 1995**
  - **Nummer 21, März/April 1995**
  - **Nummer 16, Juli/August 1994**
  - **Nummer 22, April/Mai 1995**
  - **Nr. 18, November/Dezember 1994**
  - **Nummer 15, Mai/Juni 1994**

- **Zegg International**
  - **Nr. 0, Summer 1992**

- **New Culture Quickie: Newsletter of the Network for a New Culture**
  - **Vol. 11a. October 1995**

- **New Culture: Journal of the Network for a New Culture**
  - **Vol. 11. Fall 1995**

- **FullHouse News**
  - **Vol. 1, Issue 4. April 1993**
  - **Vol. 1, Issue 5. April 1993**
  - **Vol. 1, Issue 10.5. December 1993**
  - **Vol. 2, Issue 1.5 January-February 1994**

- **Utopian Classroom: A Journal of Do-It-Yourself Mental Health (from Kerista)**
  - **Vol. 12, Issue 1. Spring 1984**

- **Compěrsion**
  - **Vol. 1, Issue 1**
  - **Vol. 1, Issue 2**
The Polylog: Newsletter of the Potomac Area Polyamory Network
- Vol. 1, Issue 3, January 1996

Family Tree
- Vol. XI, No. 9, September 1990
- FT Generic Newsletter
- Vol. XI, No. 10, October 1990
- Vol. XIV, No. 9, September 1993
- Vol. XIV, No. 10, October 1993
- Vol. XIV, No. 11, November 1993
- Vol. XIV, No. 12, December 1993
- Vol. XV, No. 1, January 1994
- Vol. XV, No. 2, February 1994
- Vol. XV, No. 4, April 1994
- April ‘94
- Vol. XV, No. 6, June 1994
- Vol. XV, No. 7, July 1994
- Vol. XV, No. 8, August 1994
- Vol. XVI, No. 2, February 1995
- Vol. XVI, No. 4, April 1995
- Vol. XVI, No. 7, July 1995
- Vol. XVI, No. 9, September 1995

Equinox

Touch Point: Network for the Nonmonogamous
Vol. 8, No. 1. January 1995
Vol. 10, No. 3. July 1997

**Beyond Monogamy**


**Beyond Monogamy – Perth**
The Spotlight

The Truth Seeker
  o March/April 1989.

The New Relationships
  o Vol. 1, Number 1. October 1983.

Kerista: Lifestyle Package Design & Experience
  o Vol. 1, Book 1. Summer 1984

Kerista: Journal of Utopian Group Living

Life Inside the Kerista Neotribal Microculture
  o Vol. 1, Book 2. Autumn 1984
  o Vol. 1, Book 3. Winter 1985

Kerista: Journal of the U.S. Utopian Movement & the International Kibbutz Movement

Kerista: Advanced Practical Scientific Utopian Theory

Kerista: Scientific Utopianism & the Humanities

Delaware Valley Synergy
  o July/August 1991
  o November 1991
  o December 1991
  o January 1992
  o March 1992
  o April 1992
  o July/August 1992
  o February 1994
  o March 1994
  o April 1994

Expanding Family Network
  o Vol. 1, Number 1 January 1992
  o Vol. 1, Number 2 February/March 1992
  o Vol. 1, Number 3 April/May 1992
  o Vol. 1, Number 4 June 1992
  o PEPCON EXTRA September 1992

TLC: Tender Loving Couples
  o Vol. II, Number 7. February 1992
  o Vol. II, Number 8. March 1992
A large part of the listings came from a bibliography by David Hall, received via Ken Haslam titled, “Selected Research on Monogamy and Nonmonogamy, from the Psychological Literature, sorted by year.” Items have been integrated into list, and are no longer sorted by year. Items listed as “unpublished manuscripts” are part of the Ken Haslam Polyamory Collection at the Kinsey Institute Library.