Appendix VI

Selected Self-Help Books For Patients/ Clients

The selected titles below are mentioned in various chapters in this book. They have been assembled here also so that the reader may easily see them at a glance. A more thorough list of self-help books is found in: Althof SE, Kingsberg SA: Books helpful to patients with sexual and marital problems: a bibliography, *J Sex Marital Ther* 18(1):70-79, 1992.

**Aging**


**Child Sexual Abuse**


**Compulsive Sexual Behavior**


**General**


**Medical Illness**


**Men and Sexual Issues**


**Orgasm in Women**


**Premature Ejaculation**


**Safer Sex**


**Sexual Desire**


**Sexual Orientation**


**Women and Sexual Issues**


**Vaginismus**