

# SHARI MARIE BLUMENSTOCK

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## EDUCATION & TRAINING

### **2020-present Postdoctoral Fellow, Indiana University**

Kinsey Institute

*Supervisor:* Jennifer Barber, PhD

### **2019-2020 Postdoctoral Research Associate, University of Wisconsin-Madison**

Human Development and Family Studies

*Supervisor:* Lauren M. Papp, PhD

### **2019 PhD Human Ecology, University of Wisconsin-Madison**

Human Development and Family Studies

*Title: Sexual expectancies and sexual desire in romantic relationships: Descriptive and experimental investigations in college student and community young adults*

*Advisor:* Linda J. Roberts, PhD; *GPA:* 4.000

### **2014 M.S. Human Ecology, University of Wisconsin-Madison**

Human Development and Family Studies

*Title: Examination of sexual satisfaction as a moderator of couples' marital quality trajectories during the early years of marriage*

*Advisor:* Lauren M. Papp, PhD; *GPA:* 4.000

### **2009 B.A. University of Missouri-Columbia**

*Major:* Psychology *Minor:* Sociology

*Honors:* Summa Cum Laude

### **2004-2006 Missouri State University**

*Major:* Mechanical Engineering

*Honors:* Dean's list, 2004-2006

## PUBLICATIONS – PEER REVIEWED

Papp, L. M., Barringer, A., **Blumenstock, S. M.**, Gu, P., Blaydes, M., Lam, J., & Kouros, C. (2020).

Development and acceptability of a method to investigate prescription drug misuse in daily life: An ecological momentary assessment study. *JMIR Mhealth Uhealth*, 8(10): e21676. doi: 10.2196/21676

**Blumenstock, S. M.**, Quinn-Nilas, C., Milhausen, R. & McKay, A. (2020) High emotional and sexual satisfaction among partnered midlife Canadians: Associations with relationship characteristics, sexual activity and communication, and health. *Archives of Sexual Behavior*, 49, 953-967. doi:10.1007/s10508-019-01498-9

**Blumenstock, S. M.** & Papp, L. M. (2019). Momentary sexual enjoyment: The dyadic roles of relationship satisfaction and contraception among mixed-gender dating couples. *Journal of Social and Personal Relationships*, 37(3), 932-941. doi:10.1177/0265407519878266

**Blumenstock, S. M.** & DeLamater, J. (2019) "Sexuality Across the Life Course." *Oxford Bibliographies in "Sociology."* Ed. Lynette Spillman. New York: Oxford University Press.

<https://www.oxfordbibliographies.com/view/document/obo-9780199756384/obo-9780199756384-0224.xml>

- Blumenstock, S. M.** & Papp, L. M. (2017) Sexual distress and marital quality of newlyweds: An investigation of sociodemographic moderators. *Family Relations*, 66(5), 794-808. doi:10.1111/fare.12285
- Hartley, S., Papp, L. M., **Blumenstock, S. M.**, Floyd, F. & Goetz, G. (2016) The effect of daily challenges in children with Autism on parents' couple problem-solving interactions. *Journal of Family Psychology*, 30, 732-742. doi:10.1037/fam0000219
- Papp, L. M., & **Blumenstock, S. M.** (2016). Momentary affect and risky behavior correlates of prescription drug misuse among young adult dating couples: An experience sampling study. *Addictive Behaviors*, 53, 161-167. doi:10.1016/j.addbeh.2015.10.016

## **PRESENTATIONS – PEER REVIEWED**

\*denotes student mentee

- Blumenstock, S. M.** (2020, November; virtual event). *Sexuality Differences in Young Adult College Student versus Online-Based Community Samples*. Paper submitted to the Society for the Scientific Study of Sexuality Annual Conference, New Orleans, LA, USA.
- Blumenstock, S. M.** (2020, July; postponed). *Women Scientists' Romantic Relationships with Scientist versus Non-Scientist Partners: Relationship and Career Characteristics*. Paper accepted for the International Association for Relationship Research annual meeting, London, UK. Meeting postponed until July 2021.
- Blumenstock, S. M.** (2019, November). *Expectations and Sexual Desire in Romantic Relationships: An Experimental Investigation*. Paper presented at the Society for the Scientific Study of Sexuality Annual Conference, Denver, CO, USA.
- Blumenstock, S. M.** (2019, July). *Sexpectations: Expectations of Emotional Closeness, Orgasm, and Pleasure from Sex with a Romantic Partner*. Paper presented at the International Association for Relationship Research Mini Conference, Ottawa, Canada.
- Blumenstock, S. M.** (2018, November). *Sexual Desire Measures in Daily Diary Research: Summary, Synthesis, Starting Point*. Poster presented at the Society for the Scientific Study of Sexuality Annual Conference, Montreal, Quebec, Canada.
- Blumenstock, S. M.**, \*Hossayrami, H. M., & Papp, L. M. (2018, July). *Sexual regret in young, heterosexual dating couples: A diary study*. Poster presented at the International Association for Relationship Research Annual Conference, Fort Collins, CO, USA.
- Clark, R., Tuchman, L., & **Blumenstock, S. M.** (2018, May). Integration of mindfulness in a university-based IMH certificate program: Longitudinal data on the relationship of supported and individual contemplative practice and reflective capacities. In R. Shahmoon-Shanok (Chair), *A great leap forward: Integrating mindfulness into IMH supervision, training and clinical practice with families experiencing trauma and adversity*. Symposium conducted at the meeting of the World Association for Infant Mental Health, Rome, Italy.

- Blumenstock, S. M.**, Quinn-Nilas, C., Milhausen, R. & McKay, A. (2017, November). *Emotional and sexual satisfaction in midlife Canadians: Prevalence and predictors*. Paper presented at the Society for the Scientific Study of Sexuality Annual Conference, Atlanta, GA, USA.
- Blumenstock, S. M.** (2016, November). *Using Diary Methods to Study Sex in Couples: Methodological Insights*. Poster presented at the Society for the Scientific Study of Sexuality Annual Conference, Phoenix, AZ.
- Blumenstock, S. M.** & Papp, L. M. (2016, July). *Predictors of Dating Couples' Momentary Sexual Enjoyment: The Roles of Relationship Quality and Hormonal Contraception*. Poster presented at the International Association for Relationship Research Annual Conference, Toronto, Ontario, Canada.
- Hickey, E., Hartley, S., & **Blumenstock, S. M.** (2016, March). *Actor-Partner Interdependence Model of Associations between Marital and Parent-Child Relationship Quality in Families of Children with Autism Spectrum Disorder*. Poster presented at Gatlinburg annual conference.
- Blumenstock, S. M.**, & Hartley, S. (2015, November). *Parenting Experiences and Sexual Intimacy in Couples who have a Child with Autism: Actor and Partner Effects*. Paper presented at the Society for the Scientific Study of Sexuality Annual Meeting.
- Blumenstock, S.** (2014, November). *Examination of sexual satisfaction as a moderator of couples' marital quality trajectories during the early years of marriage*. Paper presented at the meeting of the Society for the Scientific Study of Sexuality, Omaha, NE.
- Blumenstock, S.**, Lee, E., Roberts, L. J., Orbuch, T., & Papp, L. M. (2014, July). *Sexual satisfaction and subjective well-being among husbands and wives: Concurrent and longitudinal links in the early years of marriage*. Paper presented at the meeting of the International Association for Relationship Research, Melbourne, Australia.
- Blumenstock, S.**, & Papp, L. M. (2013, October). *Daily associations between relationship functioning and partners' well-being: The role of financial strain*. Poster presented at the 6th Conference on Emerging Adulthood, Chicago, IL.

## **PRESENTATIONS – OTHER**

\*denotes student mentee

- \*Schmays, C., **Blumenstock, S.**, & Hartley, S (2015, April). *Marital intimacy and parent-child closeness in families with children with ASD*. Poster presented at the 2015 UW Undergraduate Research Symposium.

## **PUBLICATIONS – BOOK CHAPTERS**

- Herold, E. S., Way, L, **Blumenstock, S. M.** (2019) Sexual Self-Disclosure Scale. In R. M. Milhausen, J. K. Sakaluk, T. D. Fisher, C. M. Davis, & W. L. Yarber (Eds.) *Handbook of sexuality-related measures* (4th ed.). New York: Routledge; 2019. p.224-225. doi:10.4324/9781315183169

## **RESEARCH EXPERIENCE**

University of Wisconsin-Madison:**Graduate Project Manager***Sep 2018 – Jan 2020**Supervisor:* Lauren M. Papp, PhD

Research focus: Early career scientist relationships during professional transitions

**Graduate Research Assistant and Data Analyst***Nov 2015 – Aug 2019*

Department of Psychiatry

*Supervisor:* Roseanne Clark, PhD

Research focus: Home Visitor treatment program for at-risk mothers experiencing Postpartum Depression

**Graduate Project Assistant***Jul 2014 – Jul 2015*

Hartley Lab, Waisman Center

*Supervisor:* Sigan Hartley, PhD

Research focus: Family processes with couples who have a child with Autism

**Graduate Project Assistant***Aug 2013 – Aug 2014*

UW Couples Lab, Human Development and Family Studies Department

*Supervisor:* Lauren M. Papp, PhD

Research focus: Ecology of young adult dating relationships and prescription drug misuse

University of Missouri-Columbia:**Research Assistant**, Department of Human Development and Family Studies*May 2011 – May 2012*Healthy Relationships Lab; *Supervisor:* Dr. David Schramm

Research focus: Couple and family relational processes

**Research Assistant**, Department of Psychology*Aug 2009 – Jun 2011*Sheldon Motivation Lab; *Supervisor:* Dr. Ken Sheldon

Research focus: Self-determination theory and its effects on risk-taking and sexual activity

**Research Assistant**, Department of Psychology*Aug 2009 – May 2010*Personality Lab; *Supervisor:* Dr. Laura King

Research focus: Effects of differences in personality on responses to stimuli and tasks

**Research Assistant**, Department of Psychology*May 2009 – May 2011*Child and Adolescent Therapy Lab; *Supervisor:* Dr. Kristin Hawley

Research focus: Prevalence and efficiency of child and adolescent psychotherapies

**Research Assistant**, Department of Psychology*May 2009 – May 2010*Thompson Center for Neurodevelopmental Disorders; *Supervisor:* Dr. Melissa Herzog

Research focus: Differences between autistic and non-autistic children in perceptions of emotions and problems

**Research Assistant**, Department of Psychology*May 2008 – Aug 2008*Social Cognitive Neuroscience Lab; *Supervisor:* Dr. Bruce Barthelow

Research focus: Ego-depletion theory and its effects on self-report measures

**Research Assistant**, Department of Psychology*Aug 2006 – May 2007*Perception and Cognition Lab; *Supervisor:* Dr. Jeff Rouder

Research focus: Subliminal priming and affect

Carlisle Power Transmission, Inc.:

**Engineering Intern**, Research and Development Department  
*Supervisor: Michael Crites, Product Engineer*

*Summer 2004, 2005*

## **TEACHING EXPERIENCE**

**Instructor (Lecturer SA)**, University of Wisconsin-Madison

*Spring 2019*

*Course: Couple Relationships; Enrollment: 31; Teaching assistant: None*

**Teaching Assistant**, University of Wisconsin-Madison

*Fall 2018*

*Course: Couple Relationships; Supervisor: Lauren M. Papp, PhD*

**Teaching Assistant**, University of Wisconsin-Madison

*Fall 2017 – Spring 2018*

*Course: Parent Education and Support Programs; Supervisor: Kristy Burkholder, PhD*

**EcoYou Teaching Fellow**, University of Wisconsin-Madison

*Fall 2016 – Spring 2017*

*Course: Belonging, Purpose, and the Ecology of Human Happiness: EcoYou*

**Delta Teaching-as-Research Intern**, University of Wisconsin-Madison

*Spring 2017*

*Project: Teaching Sexual Agency in the College Classroom*

**Teaching Assistant**, University of Wisconsin-Madison

*Fall 2015 – Spring 2016*

*Course: Family Perspectives in Policymaking; Supervisor: Sarah Halpern-Meekin, PhD*

**Teaching Assistant**, University of Wisconsin-Madison

*Spring 2013*

*Course: Couple Relationships; Supervisor: Linda J. Roberts, PhD*

**Teaching Assistant**, University of Wisconsin-Madison

*Fall 2012*

*Course: Development of the Young Child; Supervisor: Heather Kirkorian, PhD*

### **Guest lectures**

**Same-Sex Relationships**

*2018, September 26*

*Course: HDFS 517 Couple Relationships*

**Sexual Intimacy (and Well-Being)**

*2017, April 4*

*Course: HDFS 201 Belonging, Purpose, and the Ecology of Human Happiness*

**Hooking up, Sex, and Sexual Politics: The Ecology of Physical Intimacy and Well-Being**

*2016, November 8*

*Course: HDFS 201 Belonging, Purpose, and the Ecology of Human Happiness*

**Sex and Society: The Ecology of Physical Intimacy and Well-being**

*2016, March 29*

*Course: HDFS 766 Ecological Perspectives in Human Well-Being*

**Sex in Relationships**

*2016, October 8*

*Course: HDFS 517 Couple Relationships*

**Sexual Agency and Satisfaction**

*2014, December 4*

*Course: Freshman Interest Group – Love, Relationships, and Sex*

**sexWEB; Online Sexual Health Literacy [Workshop]**

*2013, October 4*

*Course: HDFS 501 Relationship Education and Support Programs*

**Expectations in Romantic Relationships: Realistic or Not?**

2013, April 11

Course: HDFS 517 Couple Relationships

**Methods in Relationship Research**

2013, January 31

Course: HDFS 517 Couple Relationships

**Professional Development in Teaching****Inclusive Teaching**, *Delta Program Half-day Workshop*, February 22, 2019**Improv for Improving Teaching**, *Delta Program 2-credit course*, Spring 2016**Unique Challenges in Teaching First-Year Students**, *Delta Program Half-day Workshop*, July 2016**Using Writing Activities to Solve Teaching and Learning Challenges in any STEM Course**, *Writing Center Workshop*, July 14, 2015**Coaching and Developing Others**, *Fully Prepared to Lead: Half-day Workshop*, September 9, 2014**Teaching About Sex and Sexual Orientation**, *Lecture* by Dr. Lisa Diamond, August 2, 2013**Active Learning in Large Classrooms**, *Delta Roundtable*, October 25, 2012**Evaluating and Responding to Student Writing**, *Writing Center Workshop*, September 27, 2012**AWARDS AND HONORS**

- 2019 Research Excellence Award, \$100, *Human Development and Family Studies Department*
- 2019 Research Support Award, \$1400, *Human Development and Family Studies Department*
- 2018 Dissertation Support Award, \$700, *Human Development and Family Studies Department*
- 2017 Rising Scholar Award, *Society for the Scientific Study of Sexuality*
- 2017 Phi Kappa Phi Honor Society, inducted, *April*
- 2016 Summertime Academic Research (STAR) Award, \$1790, *School of Human Ecology*
- 2015 Summer Research Experience Fellowship, \$1500, *School of Human Ecology*
- 2014 Summer Research Experience Fellowship, \$1500, *School of Human Ecology*
- 2014 Student Conference Scholarship, \$540, *International Association for Relationship Research*
- 2005 MSU Board of Governor's Scholarship, \$5,000, *Fall*
- 2005 Bright Flight award for academic achievement, \$1000, *Missouri State University*
- 2004 Bright Flight award for academic achievement, \$1000, *Missouri State University*
- 2004 MSU Board of Governor's Scholarship (merit-based), \$5,000, *Fall*

***Travel Awards***

- 2019 SoHE Student Travel Scholarship, \$700, *Spring*
- 2018 University of Wisconsin-Madison Graduate School Travel Award, \$1200, *November*
- 2018 SoHE Student Travel Scholarship, \$745, *November*
- 2018 HDFS Student Travel Scholarship, \$86, *January*
- 2017 SoHE Student Travel Scholarship, \$500, *December*
- 2017 HDFS Student Travel Scholarship, \$500, *March*
- 2016 HDFS Student Travel Scholarship, \$500, *September*
- 2015 University of Wisconsin-Madison Graduate School Travel Award, \$1200, *November*
- 2015 HDFS Student Travel Scholarship, \$500, *December*
- 2014 School of Human Ecology Student Travel Award, \$500, *November*
- 2014 HDFS Student Travel Scholarship, \$1500, *Summer*
- 2013 School of Human Ecology Student Travel Award, \$300, *October*

**GRANTS RECEIVED**

**BRITE Lab Faculty and Graduate Student Research Grant**

Submitted: March 16, 2017

Title: *Experimental investigation of sexual outcome expectancies and sexual desire in romantic relationships*

Faculty sponsor: Linda J. Roberts

Amount: \$3,000

Role: Conceptualization and writing

**PROFESSIONAL SERVICE**Roles**Consulting Editor**, *Journal of Sex Research**August 2019 – present***Reviewer**, *Journal of Sex Research**February 2018 – present***Reviewer**, *Journal of Social and Personal Relationships**November 2018 – present***Reviewer**, *Journal of Sexual & Marital Therapy**February 2020 – present***Conference Proposal Reviewer**, SSSS Annual Conference*Summer 2017, 2018***Co-reviewer**, *Family Relations**November 2014***Moderator**, Couples Power Therapy, Workshop*August 2013*

American Psychological Association, 2013 Convention, Honolulu, HI

Article Reviews Submitted**Total: 27**

2018: 7

2019: 8

2020: 12

**UNIVERSITY SERVICE****Administrative Chair**

Graduate Student Organization, Human Development and Family Studies

*August 2016 – August 2017***Member**

GSO Website Overhaul Committee

*May 2017 – August 2017***Professional Development Chair**

Graduate Student Organization, Human Development and Family Studies

*August 2013 – August 2015***Writing group organizer***Summer 2015*

- Successfully applied for funds to host a weekly writing group and provide all members with food and “Writing Science” workbooks
- Organized and scheduled weekly meetings for group to write and share progress on exercises
- Members reported the group being extremely beneficial and aided in journal submissions or proposals

**Human Development and Family Studies Representative**

School of Human Ecology (SoHE) Colloquium Committee

*August 2013 – August 2015***Co-Social Chair***August 2012 – August 2013*

## **OUTREACH**

### **Publication**

Blumenstock, S. (2014, August). Talking to your teen about sex. *Parenthetical*, Online Newsletter. <https://parenthetical.wisc.edu/talking-to-your-teen-about-sex-and-sexuality-doing-your-homework/>

### **Presentations**

Blumenstock, S.M. (2016, May). *Female Sexual Desire and Orgasm: A Pleasure Perspective*. Nerd Nite Presentation, Madison, WI.

Papp, L. M. & Blumenstock, S. M. (2014, April). *UW Madison Couples Lab: Love and Life*. Poster presented at the 2014 University of Wisconsin-Madison Science Expedition, Madison, WI.

Kupisk, D., Drazen, Y., & Blumenstock, S. M. (2014, January). *Perspectives on Poverty*, presented to the Children's Trust Fund, Madison, WI.

### **Brief**

Parrott, E. & Blumenstock, S. M. (2015). *Best Practices for Choosing and Using Social Media Platforms*. Brief written for Briarpatch Youth Services.

### **Undergraduate Research and Outreach Internship**

Connecting For Baby, University of Missouri-Columbia

June 2011 – September 2011

Relationship enhancement program for low-income unmarried expecting couples

Supervisor: Dr. Marilyn Coleman

- Managed screening, enrollment, and continually changing contact information of all participants
- Maintained and organized detailed data spreadsheets
- Conducted extensive exit interviews

## **PROFESSIONAL DEVELOPMENT**

**Productivity and Self Care During Quarantine**, Webinar, April 9, 2020

**Postdoctoral semester course**, *Designing your Future*, Spring 2020

**Personal Resilience and Accountability**, *Fully Prepared to Lead: Half-day Workshop*, March 14, 2019

**Building a Personal Brand**, *Graduate School Workshop*, February 13, 2019

**Mentor Training**, *Delta Program semester course*, Spring 2019

**A Practical Approach to Project Management**, Graduate School Full-day Workshop, January 17, 2019

**Advanced Methods in Sexuality Science**, *SSSS Full-day Symposium*, Guelph, ON, June 24, 2017

**Managing Interpersonal Conflicts and Tensions**, *Delta Program Half-day Workshop*, May 12, 2016

**How to Avoid Delays in the IRB Process**, *IRB Workshop*, September 16, 2015

**Hypothesis Testing in the Social Sciences: A Panel Discussion and Conversation**, *Educational Sciences Panel*, April 27, 2015

**Scholarly Publishing Symposium**, *UW Graduate School Full-day Symposium*, October 30, 2014

**Coaching and Developing Others**, *Fully Prepared to Lead: Half-day Workshop*, September 9, 2014

**Communication Skills for Career Building**, *COACH Half-day Workshop*, April 9, 2014

**Navigating Difficult Conversations**, *IRES Workshop*, February 2013

**Work/Life Balance in Academia**, *Delta Roundtable*, November 28, 2012



**PROFESSIONAL AFFILIATIONS**

- 2015-present*      Member, Society for the Scientific Study of Sexuality
- 2014-present*      Member, International Association for Relationship Research
- 2009-present*      Affiliate, American Psychological Association